# CERTIFIED PSYCHOANALYSTS ADVISORY COMMITTEE 124 HALSEY STREET, NEWARK NJ 07101 SUSSEX CONFERENCE ROOM, 6TH FLOOR WEDNESDAY APRIL 4, 2007 OPEN SESSION MINUTES

# I. CALL TO ORDER

Committee Chair, Patricia Harte Bratt, called the meeting of the Certified Psychoanalysts Advisory Committee to order at 10:15 a.m. Dr. Bratt announced that in accordance with the Open Public Meetings Act, adequate notice of this meeting was sent to the Secretary of State, The Star Ledger, The Trenton Times, The Bergen Record, The Courier Post and The Atlantic City Press.

#### II. ROLL CALL

Present

Patricia Harte Bratt, Ph.D., Chair Vicki G. Semel, Psy.D. Jerome J. Rosenberg, Ph.D., Vice-Chair Delores Johnson, M.D. (Public Member)

Absent

Marien Tartak Colon (Public Member)

Announcement of Quorum

Dr. Bratt announced that a quorum of all appointed Committee members was present.

Also Attending

Tobey Palan, Deputy Attorney General Elaine L. DeMars, Managing Executive Director J. Michael Walker, Executive Director Chuck Manning, Regulatory Analyst Lucy Chalet, Administrative Staff

# III. REVIEW OF MINUTES

1- Upon motion made by Dr. Vicki Semel and seconded by Dr. Delores Johnson the Committee members voted to approve the Minutes from March 7, 2007 open public meeting, as corrected.

At 11:00 a.m. the Committee moved to executive session to consider the executive session minutes of March 7, 2007.

At 11:15 a.m. the Committee returned to open session.

#### IV. INFORMATION GATHERING PROCESS

The Committee continued the information gathering process in listening to invited guests.

1- Conference call with Dr. Lucy Holmes, President of the Society of Modern Psychoanalysts.

Dr. Holmes spoke to the Committee by teleconference concerning the Society, located in New York City. The

Society was founded in 1988 by a group of modern psychoanalysts. The mission of the Society is to foster training, practice, research and dissemination of information among a broad spectrum of individuals interested in Modern psychoanalytic theory. The Society, established to represent those analysts who are trained in the modern Freudian school numbers approximately 300 members, the majority of which practice in New York City. However, the membership also includes people from all over the United States and the world. She stated that the Society was one of two organizations (the other being the National Association for the Advancement of Psychoanalysis) recognized by the State of New York to endorse people for licensure as psychoanalysts during the grandfathering period. The Society is comprised of several categories of membership: psychoanalysts (those who have graduated from an institute that offers certification in psychoanalysis), psychoanalytic psychotherapists (graduates of institutes offering certification in psychoanalytic psychotherapy), group psychotherapists, candidate practicioners (advanced students in psychoanalytic institutes), applied psychoanalytic practitioners (individuals who have had significant exposure to the theory of modern psychoanalysis and who apply the theory to their own professional activities) and friends (those who support the organization and are interested in modern psychoanalysis). The Society also has member institutes, some of which offer masters degrees and Ph.D. degrees that are accredited in several states. The member institutes grant certificates in programs that can lead, for instance in the State of New York, to eligibility for licensure. The institutes offer courses in psychopathology, the history of psychoanalysis, human development, as well as offering intensive theory and research tracks. All students are required to do research and write papers. They are also required to have intensive clinical experience under supervision. The Society takes a strong position that the frequency of sessions should be determined by the patient and the analyst on the basis of what would be most therapeutic. Dr. Holmes also shared her views on psychoanalysis as a separate profession from other mental health professions because of the unique work of the profession in transference, counter-transference and resistance.

2- Conference call with Dr. Eric Nuetzel and Dr. Myrna C. Weiss of the Board of Professional Standards of the American Psychoanalytic Association.

Dr. Weiss joined with the Committee by teleconference from Boston, MA. She is the present Chair of the Committee on Institutes of the Board of Professional Standards of the American Psychoanalytic Association. Dr. Nuetzel joined with the Committee by teleconference from St. Louis, MO. He is the Chair of the Board of Professional Standards of the American Psychoanalytic Association. Each are licensed as physicians. Dr. Weiss is licensed in Massachusettes and California, and Dr. Neutzel is licensed in Missouri. The Board of Professional Standards consists of two representatives from the component institutes of the Association. At present, there are 27 fully approved institutes and 5 institutes in various stages of development. The Board sets educational standards for the Association and is responsible for approvint institutes and certifying graduate members of the Association. The Committee on Institutes was founded in 1948 and began its function as an accrediting body in 1962. Accreditation involves self-scrutinization by the institute and a site visit by a team comprised of 5 representatives made up from the membership of the Committee on Institutes (COI), each from a different institute, representing both child programs and adult programs. The team reviews the institute's curriculum, education committee minutes, admissions policy, progressions policy, graduation standards and record-keeping policies. The visit takes place over a 4-day period. In addition to evaluation of the institute, the team encourages the cross-fertilization of ideas and practices that have been helpful to other institutes. The COI makes a recommendation to the Board based on the site visit and the Board either approves the report or not. It is usually a pro forma process as the recommendation does not come before the Board until the institute is ready to be approved. If the site visit remains open, it means that there is a problem which all involved try to resolve before presentation to the Board. That may take a year or two. Site visits occur every seven years. Each institute is required to have a four-year curriculum, at a minimum. Students receive training analysis with a training analyst with a frequency of four times a week, at a minimum on four separate days in person. Students are required to have three psychoanalytic cases with a minimum session frequency of four times a week (which the Board of Professional Standards and the COI have repeatedly supported as the optimal educational experience), both sexes represented. Certification is done by the certification examination committee which is part of the Board of Professional Standards and presents candidates to the Board for final vote. Each institute has its own graduation requirements, but certification is national and post-graduation. The certification exam involves the submission of two written cases of a maximum of twenty pages and one case with a brief write-up of five pages. A team of two examiners reviews the written submissions and then interviews the candidate. If not certified, the candidate is

"continued." Continued candidates are given the opportunity to demonstrate competency with more materials and another interview. This may go on for a total of three cycles, if the candidate is not certified at the end of the third opportunity, the candidate may appeal the process and a new committee is appointed for the appeal.

# V. EXECUTIVE DIRECTOR'S REPORT

- 1- Budget Report- Fiscal Year Budget Report for the first half of the year 2007 was accepted as informational.
- 2- Memo from Sandra Dick, SDAG regarding correction on charges from the previous month of the Division of Law Billing was excepted as informational.

# . VI. MEETING DATES FOR 2007

06/27/2007- Sussex Conference Room 6th FL 07/25/2007- Sussex Conference Room 6th FL 08/22/2007- Sussex Conference Room 6th FL 09/19/2007- Sussex Conference Room 6th FL 10/17/2007- Sussex Conference Room 6th FL 11/14/2007- Sussex Conference Room 6th FL

12/12/2007- Sussex Conference Room 6th FL

At 2:00 p.m., motion was made by Dr. Semel, seconded by Dr. Johnson to adjourn the meeting. All voted in favor of the motion.

# APPROVED: Patricia Harte Bratt, Ph.D. Chair Date