

**CERTIFIED PSYCHOANALYSTS ADVISORY COMMITTEE
124 HALSEY STREET, NEWARK NJ 07101
SUSSEX CONFERENCE ROOM, 6TH FLOOR
WEDNESDAY APRIL 5, 2006**

OPEN SESSION MINUTES

I. CALL TO ORDER

Committee Chair, Patricia Harte Bratt, called the meeting of the Certified Psychoanalysts Advisory Committee to order at 9:50 a.m. Dr. Bratt announced that in accordance with the Open Public Meetings Act, adequate notice of this meeting was sent to the Secretary of State, The Star Ledger, The Trenton Times, The Bergen Record, The Courier Post and The Atlantic City Press.

II. ROLL CALL

Present

Patricia Harte Bratt, Ph.D., Chair
Vicki G. Semel, Psy.D.
Jerome J. Rosenberg, Ph.D., Vice-Chair
Delores Johnson, M.D. (Public Member)

Absent

Marien Tartak Colon (Public Member)

Announcement of Quorum

Dr. Bratt announced that a quorum of all appointed Committee members was present.

Also Attending

Tobey Palan, Deputy Attorney General
Elaine L. DeMars, Managing Executive Director
J. Michael Walker, Executive Director
Danielle Swenson, Regulatory Analyst
Lucy Chalet, Administrative Staff

III. REVIEW OF MINUTES

1- Upon motion made by Dr. Vicki Semel and seconded by Dr. Jerome Rosenberg the Committee voted unanimously to approve the minutes for the March 8, 2006 public agenda meeting as presented.

At 10:10 a.m. the Committee moved to executive session to consider the executive session minutes of March 8, 2006.

At 10:15 a.m. the Committee returned to open session.

2- Executive Director J. Michael Walker introduced to the Committee members the newly appointed DAG, Ms. Tobey Palan. All welcomed her.

IV. INFORMATION GATHERING PROCESS

The Committee continued the information gathering process in listening to invited guests representing two different training institutes in New Jersey.

A. Janice Victor, LCSW, Psy.A - New Jersey Institute for Training in Psychoanalysis. Member of the Board and Chair of the Executive Advisory Board.

Ms. Janice Victor, Member of the Board and Chair of the Executive Advisory Board of the New Jersey Institute for Training in Psychoanalysis ("NJI") represented the institute. The program of the institute is based on classical psychoanalytic thought from Freud through current thinking in Object Relations, Self Psychology and Relational theory. NJI is accredited by the American Board for Accreditation in Psychoanalysis, Inc. Students are required to have a minimum of a master's degree in the field of mental health or a related humanistic field. NJI has a five-year program leading to a certificate in psychoanalysis. There is also a 3-year program in psychotherapy, but "I cannot recall anyone completing the 3-year program and coming to graduation." Advanced work includes a 2-year program in child and adolescent psychotherapy and a 1-year program in group therapy. Training requirements for certification in the 5-year program include a minimum of 450 hours of personal analysis at 3 per week for a minimum of one year with an institute approved analyst; two control analyses (focussed and continuing psychoanalytic supervision of a psychoanalytic case) of 52 and 75 sessions, respectively; a third control analysis of 75 sessions must be completed before certification; successful completion of all coursework and assigned written work in the five-year curriculum. Clinical requirements include a minimum psychoanalytic practice of eight to ten hours per week with no less than four patients; and two patients seen three-times-a-week. A final case presentation is required for a patient seen three-times-a-week for at least two years.

Course offerings are as follows:

First year: Intro to Writings of Freud (2 courses), Intro to Psychoanalytic Theory of Neurosis (Psychopathology), Psychoanalytic Theory of Early Development, Case Presentation: Beginning of Treatment: Clinical Considerations (2 courses). Second year: Transference & Countertransference (2 courses), Developmental Theory:: Latency through Adolescence, Psychoanalytic Theory of Dreams, Case Presentation: Initial Resistances, Case Presentation: Working Alliance. Third year: Character Analysis, Narcissism and the Narcissistic Disorders, Psychoanalytic Theory of Perversions and Impulse Disorders, Psychoanalytic Theory of Depression, Case Presentation: Clinical Issues, Case Presentation: Comparative Orientations.

Fourth year: Psychoanalytic Ego Psychology, Psychoanalytic Theory of Object Relations, Psychoanalytic Theory of Borderline States, Advanced Dream Seminar, Case Presentation: Working Through, Case Presentation: Termination. Fifth year: Theory of Psychoanalytic Techniques, Advanced Psychoanalytic Theory of Neurosis (Psychopathology), Contemporary Concepts in Psychoanalysis, Psychoanalytic Theory of Self-Psychology, Case Presentation: Induced Countertransference, Case Presentation.

All classes meet for an hour and three-quarters every other week for eight sessions.

A written case presentation and an oral interview by a committee is required for certification.

B. David MacIsaac, Ph.D. - New York Institute for Psychoanalytic Self Psychology, New Jersey Extension - Director, New Jersey Extension.

Dr. David S. MacIsaac, Director of the New Jersey Extension of the New York Institute for Psychoanalytic Self Psychology ("NYIPSP") presented on behalf of the Institute.

NYIPSP, which began offering classes in 1994, was formed to provide training in Freudian and post-Freudian theory with special emphasis on the thought of Heinz Kohut and those contemporary theorists who have made contributions to Kohut's work and the experience-near empathic treatment stance.

NYIPSP is not yet accredited because the U.S. Dept. of Education has not yet selected an accreditation process. However, the institute's standards for training are based upon those established by the Accrediting Council for Psychoanalytic Education ("ACPE"). The program has also been evaluated and granted a Provisional Charter by

the Board of Regents of the University of the State of New York. The program for preparing candidates for the NY State Examination for Licensed Psychoanalyst has also been approved and registered by the Dept. of Education, University of the State of New York.

Course outlines and syllabi are examined by the Curriculum Committee in order to ensure that readings are up to date. The Training Committee evaluates instructors in the areas of competence and ability to relate to students. Students also have input through the student representative.

Requirements for admission include a minimum age of 25 years, a master's degree in one of the mental health professions, transcripts of graduate, undergraduate and other training programs, and two enrollment interviews.

NYIPSP has 3 basic programs, a four-year curriculum in psychoanalysis, a three-year program in psychoanalytic psychotherapy and a preparation program for NY licensure. The program in Psychoanalysis consists of 16 courses, supervision on a weekly basis from the beginning of the second semester of the first year until the candidate has passed the control analysis exam (usually at the end of the third year), two cases under the supervision of two different control analysts (both cases seen with a minimum frequency of three-times-a-week, one case for a minimum of one year, one case for a minimum of two years). Control supervision is for a minimum frequency of once a week (45-50 minutes) for 70 sessions for the first case and 135 sessions for the second case, successful completion of the Readiness for Control Evaluation (comprehensive exam covering the material in the first 12 courses) and Final Case Presentation (written case defended orally before a committee of three faculty members).

With regard to personal analysis, the institutes website states:

The New York Institute for Psychoanalytic Self Psychology makes no distinction between a "therapeutic" analysis and a "didactic" analysis. The assumption is that all candidates entering the program require an in-depth analytic experience for personal as well as training purposes. Therefore, it is expected that candidates begin training analysis upon entering the program and continue throughout the course of the training for a minimum of 600 hours. The analysis must be undertaken at a frequency of 3-5 sessions a week, on separate days, and for a minimum of 40 weeks during a year. Completion of the analysis will be mutually determined by the training analyst and the candidate.

The program in Psychoanalytic Psychotherapy consists of 12 courses, weekly supervision of case work with 2 supervisors for a minimum of 50 hours with each supervisor, satisfactory completion of final exam and an oral presentation of a case before committee of three psychoanalysts demonstrating integration of theoretical and clinical issues.

The courses (90 minutes each, 15 sessions per semester) are as follows:

First year: Psychoanalytic Models and Core Developmental Issues I and II: An Historical Overview (two courses), Psychoanalytic Process I, Intro to the Work of Heinz Kohut I.

Second year: Works of Heinz Kohut II, Psychoanalytic Process II: Resistance, Transference and Countertransference, The Works of Heinz Kohut III, Theory of Psychopathology I: The Higher Level Self Disorders.

Third year: Psychoanalytic Process III: Resistance, Transference, and Countertransference, Processes of the Unconscious: Fantasy, Dream and Symbolism, Theory of Psychopathology II: Severe Self Disorders.

Fourth Year: Continuous Case Seminar, Depression and Suicide as an Addiction: A Practicum, Continuous Case Seminar II, Advanced Clinical Seminar on Dreams.

The courses for the program in Psychoanalytic Psychotherapy are the 12 courses of the first 3 years, above.

The majority of classes are held in the institute's New York City location. The New Jersey location is a two-

office suite at 163 Engle Street, 1A in Englewood.

There are 20 students currently enrolled and 8 graduates (6 from the psychoanalysis program and 2 from the psychoanalytic psychotherapy program).

V. EXECUTIVE DIRECTOR'S REPORT

1- Copy of the Division of Law Billing - Fiscal Year Budget Report for the first half of the year was accepted as informational.

2- Newsweek Article regarding Sigmund Freud's science - FYI

VI. MEETING DATES FOR 2006

05/03/2006- Sussex Conference Room 6th FL

05/31/2006- Sussex Conference Room 6th FL

06/28/2006- Sussex Conference Room 6th FL

07/26/2006- Sussex Conference Room 6th FL

08/23/2006- Sussex Conference Room 6th FL

09/20/2006- Sussex Conference Room 6th FL

10/18/2006- Sussex Conference Room 6th FL

11/15/2006- Sussex Conference Room 6th FL

12/13/2006- Essex Conference Room 7th FL

At 1:05 p.m., motion was made by Dr. Semel, seconded by Dr. Bratt to adjourn the meeting. All voted in favor of the motion.

APPROVED:

Patricia Harte Bratt, Ph.D.

Chair Date