# CERTIFIED PSYCHOANALYSTS ADVISORY COMMITTEE 124 HALSEY STREET, NEWARK NJ 07101 MORRIS CONFERENCE ROOM, 6TH FLOOR 9:30 A.M., WEDNESDAY, MAY 4, 2005

#### **OPEN SESSION MINUTES**

### I. CALL TO ORDER

Committee Vice Chair, Jerome Rosenberg, called the meeting of the Certified Psychoanalysts Advisory Committee to order at 9:45 a.m. Dr. Rosenberg announced that in accordance with the Open Public Meetings Act, adequate notice of this meeting was sent to the Secretary of State, The Star Ledger, The Trenton Times, The Bergen Record, The Courier Post and The Atlantic City Press.

#### II. ROLL CALL

Present

Patricia Harte Bratt, Ph.D., Chair (Arrived at 9:55 am) Vicki G. Semel, Psy.D.
Jerome J. Rosenberg, Ph.D., Vice-Chair Delores Johnson, M.D. (Public Member)

Absent

Marien Tartak Colon (Public Member)

Announcement of Quorum

Dr. Bratt stated that a quorum of all appointed Committee members was present.

Also Attending

Joyce Brown, Deputy Attorney General Elaine L. DeMars, Managing Executive Director Anthony Miragliotta, Division Deputy Director Danielle Swenson, Regulatory Analyst Lucy Chalet, Administrative Staff

#### III. REVIEW OF MINUTES

Upon motion made by Dr. Vicki Semel and seconded by Dr. Delores Johnson, the Committee voted unanimously to approve the minutes for the April 6, 2005 public agenda meeting as presented.

## IV. PUBLIC COMMENT

Dr. Richard Reichbart, Licensed Psychologist, member of IPNJ (past Board member), Secretary of the New Jersey Psychoanalytic Society, member of the American Psychoanalytic Association and a member of the International Psychoanalytic Association.

Dr. Richard Reichbart attended the meeting to make additional comments to prior statements he made during the April 6th meeting. He emphasized that the proposed regulations do not provide for consumer protection in that certified individuals would be required to complete the personal psychoanalysis at a rate of frequency that is not considered adequate by a majority of institutes. Dr. Reichbart debated a point made by a Committee member that

the frequency of personal psychoanalysis should be determined by the maturation of the candidate. He explained that therapists often have to work with the patient to explain to the patient that the patient can profit from more intense treatment if the patient wants to make significant change in her or his life. In closing, Dr. Reichbart related his belief that the Committee may have been misled in not establishing a higher standard. He offered to provide a list of the standards for personal psychoanalysis established by institutes throughout the country.

Dr. Irwin Badin, Licensed Psychologist, Director of the Institute of Psychoanalysis and Psychotherapy of New Jersey (IPPNJ).

Dr. Reichbart that the field of psychoanalysis is diverse and it is confusing enough to those in the field much less to the outside world. He disagrees with the Committee members that the resolution to the diversity in the frequency of personal psychoanalysis is to find the lowest common denominator. To him, the composition of the Committee represents a small institute and a very minority position in the field, considering the state, the country, and the world in general. Dr. Badin opined that the frequency issue is a complicated matter. There is difficulty within the field on how to distinguish between what is true psychoanalysis and what is psychotherapy. While he did not propose to have the solution, he expressed confidence that the solution is not to accept a frequency of less than three times per week. Dr. Badin also compared the establishment of requirements for certified psychoanalysts to that of physicians and suggested that during the setting of initial standards for the practice of medicine, there was diversity and homogeneity of approaches and he pointed to what he considers to be the dangers in setting the minimum standard too low.

## V. CERTIFICATION MATTERS

Application for Certification

The review of revisions made to the Application for Certification was tabled for a future meeting.

## VI. EXECUTIVE DIRECTOR'S REPORT

The Committee acknowledged a letter from Dr. Garafallou, Dean of the Contemporary Center for Psychoanalytic Studies, Fairleigh Dickinson University. Dr. Garafallou thanked the Committee for the opportunity to comment during the April 6th agenda meeting.

#### VII MEETING DATES FOR 2005

Patricia Harte Bratt, Ph.D.

Chair Date

VIII WILLIAMS DATES TOX 2000
06/15/2005
10/05/2005
06/29/2005
11/02/2005
08/10/2005
12/14/2005
09/07/2005
At 3:00 p.m., motion was made by Dr. Vicki Semel, seconded by Dr. Delores Johnson to adjourn the meeting. All voted in favor of the motion.
APPROVED: