

**CERTIFIED PSYCHOANALYSTS ADVISORY COMMITTEE
124 HALSEY STREET, NEWARK NJ 07101
SUSSEX CONFERENCE ROOM, 6TH FLOOR
WEDNESDAY SEPTEMBER 20, 2006
OPEN SESSION MINUTES**

I. CALL TO ORDER

Committee Chair, Patricia Harte Bratt, called the meeting of the Certified Psychoanalysts Advisory Committee to order at 10:00 a.m. Dr. Bratt announced that in accordance with the Open Public Meetings Act, adequate notice of this meeting was sent to the Secretary of State, The Star Ledger, The Trenton Times, The Bergen Record, The Courier Post and The Atlantic City Press.

II. ROLL CALL

Present

Patricia Harte Bratt, Ph.D., Chair
Vicki G. Semel, Psy.D.
Jerome J. Rosenberg, Ph.D., Vice-Chair
Marien Tartak Colon (Public Member)

Absent

Delores Johnson, M.D. (Public Member)
Danielle Swenson, Regulatory Analyst

Announcement of Quorum

Dr. Bratt announced that a quorum of all appointed Committee members was present.

Also Attending

Tobey Palan, Deputy Attorney General
Elaine L. DeMars, Managing Executive Director
J. Michael Walker, Executive Director
Lucy Chalet, Administrative Staff

III. REVIEW OF MINUTES

1- Upon motion made by Dr. Vicki Semel and seconded by Dr. Jerome Rosenberg the Committee voted unanimously to approve the minutes for the June 28, 2006 public agenda meeting as presented.

At 10:15 a.m. the Committee moved to executive session to consider the executive session minutes of June 28, 2006.

At 10:30 a.m. the Committee returned to open session.

2- Committee Chair, Patricia Bratt, Ph.D. expressed her condolences to Committee member Marien Tartak Colon (public member) on the death of her mother.

3- Nominations for Committee officers was held as follows. Patricia Harte Bratt, Ph.D. - Chair- by Dr. Semel, seconded by Dr. Rosenberg.

Voting in favor, all.

Jerome Rosenberg, Ph.D. - Vice Chair- by Dr. Semel, seconded by Dr. Bratt, voting in favor, all.

Marien Tartak Colon - secretary - by Dr. Bratt seconded by Dr. Semel, Voting in favor, all.

IV. INFORMATION GATHERING PROCESS

The Committee continued the information gathering process in listening to invited guests representing two different training institutes in New Jersey.

A. Sheila Zaretsky, Ph.D., Director of Curriculum, Academy of Clinical and Applied Psychoanalysis ("ACAP"), Livingston, NJ.

Lisa Piemont. Ph.D., graduate of ACAP and current member of the faculty

The Academy of Clinical and Applied Psychoanalysis is based upon the work of Sigmund Freud and Hyman Spotnitz the founder of the Modern School of psychoanalysis. The institute is accredited by the Society of Modern Psychoanalysis and by the American Board for Accreditation in Psychoanalysis, Inc. Modern Psychoanalysts at ACAP follow the teachings of Hyman Spotnitz, M.D. and his colleagues, whose work in the 1950s led to the understanding that classical psychoanalysis was not equipped to deal with the severity of cases appearing more frequently in analysts' offices. Dr. Spotnitz was a leader in researching the psychodynamics and treatment of these difficult cases. Through his extensive work with patients spanning the full spectrum of emotional disorders, he began to develop a theory of emotional development, conditions contributing to maladaptive behavior, and methods for helping reverse these conditions. Dr. Spotnitz called his method Modern Psychoanalysis because it incorporated Freud's early theories with what Spotnitz and his colleagues were discovering in mid-twentieth century practice.

ACAP was founded in 1981 as the Psychoanalytic Center of Northern New Jersey, and changed its name to the Academy of Clinical and Applied Psychoanalysis in 2003 when it began an affiliation with Centenary College, in order to establish the first Master of Arts in Psychoanalysis in New Jersey.

There are two levels of training offered by the academy, Level A and Level B. All students must complete Level A before going on to Level B, but for admittance to Level

A, students only need a bachelor's degree. In order to go on to Level B, a masters degree is required.

The Certificate Program is designed to provide the post-master's student with a broad foundation in the fundamentals of psychoanalysis at Level A, Externship Level, followed by a more intensive study of psychoanalytic theories, research, and clinical techniques at Level B, Consultation Center Candidacy Level. Courses in human development, theory, history, clinical practice, supervision, and research are taken at both levels. An approved training analysis is required of candidates throughout their training in the Certificate Program. Studies at Level A have three components: coursework, a supervised externship, and independent research. Level A requirements may be completed in the Master's Program, although it is not necessary for students to be enrolled in the Master's Program in order to complete the requirements of Level A. The first level of the program provides the student with an academic foundation in psychoanalysis; an externship placement experience; and an understanding of the major research approaches in psychoanalysis and in other related human sciences. The Externship placement experience gives Level A students the opportunity to observe severe emotional illness and institutionalization; provides an opportunity to observe unconscious processes; introduces students to psychoanalytic concepts of pathology and character development; and prepares them for psychoanalytic work with less regressed patients. Students must complete the externship placement experience which requires students to work with 3 hospitalized or post-hospitalized patients for a 50 hours each over 3 semesters (150 hours total in addition to the supervision and academic requirements). Students are in personal analysis throughout the training. The second level (Level B or Consultation Candidacy Status) advances the student's theoretical, research and clinical skills to prepare candidates to practice, teach, and conduct independent research in psychoanalysis. The curriculum includes coursework, a Consultation Center internship, supervision and preparation of a final research project integrating clinical and supervisory experience with theoretical

material. Students who have achieved Consultation Center Candidacy Status (Level B) are taught to apply psychoanalytic knowledge and skills to the treatment of cases seen at the North Jersey Consultation Center. All cases seen at the Consultation Center are supervised. Students must take a minimum of four semesters of Small Group Supervision. At Level B, in addition to clinical requirements such as working with a minimum of 3 patients for a minimum of 2 years under supervision at the Consultation Center, studies include courses in developmental theory, history, psychoanalytic theory and research, and clinical psychopathology as well as electives. Courses are for 15 week semesters of three credit courses. The total program consists of 98 credits. ACAP considers the training a 5 year program if taken full time, however most students come fully employed so the time in the program tends to be much longer.

Clinical requirements of the program are an approved training analysis of at least 350 sessions of which 50 may be in group analysis.

The academy is in a new facility in Livingston, NJ with class and conference space.

There are currently 62 active students in the program. Eleven are in the master of arts program (with Centenary College), and 15 have come from a grant from the Health Care Foundation of New Jersey to help train staff working with drug addicted, mentally ill adolescents. There are 12 graduates of the academy.

B. Janice Victor, LCSW, Psy.A - President, New Jersey Society for Clinical Social Work.

Ms. Victor represented her society, which provides leadership and support to clinical social workers. Her organization realizes that the State Certification Act is simply a title protection act, nevertheless the members are concerned that the Act could limit their ability to practice their profession, and advertise themselves as practicing the special skills they have been trained to offer. She asked that, when written, the regulations specifically exempt members of other licensed profession doing the psychoanalytic work that they have been trained to do. They are mainly concerned that they may not be allowed to practice psychoanalysis without state certification.

Ms. Victor promised to send a letter to the Executive Director expressing her concerns, in order for the Committee to discuss it and vote on a response.

V. EXECUTIVE DIRECTOR'S REPORT

1- Copy of the Division of Law Billing - Fiscal Year Budget Report for the Fourth quarter of the year was accepted as informational.

VI. LEGISLATIVE/ REGULATIONS

Assembly Bill 3027, "Violence Prevention in Health Care Facilities Act" that requires certain health care entities to establish violence prevention programs to protect health care workers, was accepted as informational.

VII. MEETING DATES FOR 2006

10/18/2006- Sussex Conference Room 6th FL

11/15/2006- Sussex Conference Room 6th FL

12/13/2006- Essex Conference Room 7th FL

At 1:00 p.m., motion was made by Dr. Semel, seconded by Dr. Rosenberg to adjourn the meeting. All voted in favor of the motion.

APPROVED:

Patricia Harte Bratt, Ph.D.
Chair Date

